



Aiden's Story

Woodhouse Hall case study

Aidan* is a young man who is autistic, has a learning disability and Down's syndrome, who came to Woodhouse Hall after a difficult upbringing and a long and challenging history in various care settings.



Aidan's background

Aiden grew up in foster care, but when he was a teenager, the unfortunate death of his foster parents resulted in him being placed in children's care. He later transitioned to an adult care service, where he sadly became the victim of physical and financial abuse. This difficult situation led to him presenting with behaviours of concern, some of which were very severe.

When Aidan arrived at Woodhouse Hall, staff at the home sought advice from the Intensive Support team to develop a person-centred plan to support Aidan. The team took a positive behaviour support (PBS) approach to Aidan's care, developing behaviour plans and working on active strategies to meet Aidan's needs, and reduce his presentation of behaviours of concern. At first, everyone at the home was worried that Aidan was not responding positively to the support provided, and was at risk of needing a new environment.



Achieving positive outcomes at Woodhouse Hall

Aidan now has a full core staff team whom he trusts and engages with positively on a daily basis. With the right support in place, and strong relationships developed between Aidan and his team, Aidan's concerning behaviours have significantly reduced. Within the course of a year, daily occurring incidents went from 36 to zero. This has made it possible for Aidan to begin working on his independence skills and start getting involved in meaningful activity.

Now, Aidan is looking forward to the refurbishment of his flat - a big change in his life which previously would have caused him distress. The team at the home are also seeking to build a sensory garden for him, where it is hoped that Aidan will be able to enjoy his own space outdoors and build on his life skills, while still within the supportive environment of Woodhouse Hall.

Aidan's support team and everyone else involved in his care is overjoyed that his quality of life has seen a huge improvement, and he continues to respond positively to his care. The home manager said, "Given how well Aidan is doing, all agreed it is in his best interest to remain at the home. Everyone here is overjoyed that Aidan is able to stay, and he is continuing to thrive every day."

Supporting Aidan through illness

Unfortunately, Aidan became very ill and had to spend many months in hospital. Aidan's support team supported him through this time, regularly visiting him in the hospital until he was finally ready for discharge. When he returned to Woodhouse Hall, his care team had arranged for him to move into a self-contained flat at the home, where he could continue his recovery.

Everyone at Woodhouse Hall did all they could to make the transition as smooth as possible, with his keyworkers working hard to build trust and be there for Aidan as he regained his health. As a result, Aidan began to engage more with his care team, responding really well to their support during his recovery.



Contact us today

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If you have a specific enquiry for the site, call the local number on **01606 594057**.

Alternatively, send an email to **adultcare@priorygroup.com**

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