

PRIORY

PRIVATE
HEALTHCARE

Priory Hospital Roehampton

**Expert mental health
and addiction treatment**



Live your life



Priory is the UK's leading provider of therapy and consultant-led mental health treatments.

Every year, Priory wellbeing centres and hospitals across the UK help over 10,000 people experiencing mental health issues such as anxiety and depression, or addiction.

Our tailored programmes of care deliver the excellent results you would expect from Priory, with over 99% of patients rating the quality of care as 'good' or 'excellent'.



Priory Hospital Roehampton – an overview

Set within a striking Grade II listed building, Priory Hospital Roehampton is the UK's leading centre for the treatment of a wide range of mental health difficulties, such as depression, anxiety and addictions. It is also Priory's first and most well-known hospital.

Our flexible and patient-centred treatment programmes are developed by expert psychiatrists, mental health nurses, psychologists and therapists. This multidisciplinary approach allows for a package of holistic care, ensuring the patient is a part of the planning process at all times.

We have 2 private wards with a total of 43 single occupancy bedrooms, each with en-suite facilities. The hospital also provides:

- + Relaxing living areas
- + Beautifully landscaped gardens offering tranquillity to relax and unwind
- + A restaurant with catering to suit your dietary needs
- + Housekeeping
- + A gym with a personal trainer and individual training programmes
- + Very easy access from the M25, London's major airports and Central London
- + Close proximity to Richmond Park, London's largest royal park offering beautiful views and peaceful walks



Patient profile

Our flexible services provide inpatient, day care and outpatient treatment. This wide range of specialist services emphasises the depth of support and experience, we can offer to:

- + Adults requiring mental health and addiction support
- + Young people requiring mental health support

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**Priory is the
gateway from
despair to something
magical**

**PEER SUPPORTER AND
FORMER PATIENT**



Our programmes

Our treatment programmes are tailored to the specific needs of the individual, ensuring the best possible outcomes are achieved. We ensure our outpatient, inpatient and day care patients are provided with every resource they need to make a strong recovery and return to a positive way of life.



100%

of patients from the Roehampton addiction service stated they were treated with respect and dignity during their stay



Specialist addiction treatment programme

West Wing is Priory Hospital Roehampton's addiction treatment unit which offers treatment for substance and behavioural addictions, including alcohol, drugs, sex and other addictions. We provide an evidence-based programme that is tailored to individual needs, all structured within National Institute for Health and Care Excellence (NICE) guidelines. The full 28-day, 12-Step programme offers:

- + Group and individual 1:1 therapy
- + Family therapy
- + Couples therapy
- + Holistic treatment such as relaxation and yoga
- + Step-down care from inpatient to day care, to ensure a smooth transition towards discharge
- + Free aftercare for life on completion of the addiction treatment programme - includes support groups, talks, advice and useful contacts

We are also able to offer a comprehensive, medically assisted detoxification process for drug and alcohol addictions, as required, delivered in a safe and controlled environment. Our medically assisted detox programme is the safest and most effective way to detox. We also offer a free addiction assessment which consists of:

- + Face-to-face assessment with a member of the addiction treatment team
- + The opportunity to ask any questions you may have
- + Talking you through a proposed treatment plan



General treatment programme

Garden Wing is Priory Hospital Roehampton's general acute ward which treats a range of mental health conditions such as depression, stress and anxiety. We offer:

- + A range of therapeutic interventions
- + Medical interventions
- + Specialist therapies including cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT), cognitive analytic therapy (CAT), emotion focused therapy (EFT), mindfulness and eye movement desensitisation and reprocessing (EMDR)
- + Family therapy
- + Group therapy
- + Weekly 1:1 meetings with a designated nurse

We have the capacity to assign highly experienced therapists in a way that is flexible around the needs of the individual. We also have strong links to our outpatient service at Priory Wellbeing Centre Harley Street, making the service accessible to all.

Eating disorder programme

Our private eating disorder programme at Roehampton is available to adults on an outpatient basis. We are able to provide treatment for anorexia nervosa, bulimia nervosa, binge eating disorder (BED) and other specified feeding or eating disorders (OSFED).

We are able to provide an enhanced three-month outpatient programme, which provides a more intensive form of outpatient treatment.

Young people's mental health services

We also have a six-bedded private inpatient ward that provides mental health support for young people. The programme includes:

- + 1:1 schooling for all young people
- + Support for those experiencing difficulties including depression, anxiety, school phobia and obsessive compulsive disorder (OCD)
- + Stress management skills, CBT, DBT, coping skills development, physical health monitoring as well as family therapy

Information for GPs and healthcare professionals

We offer simple and secure processes for referring into Priory, including:

1. Our online form via www.priorygroup.com/gp-referral
2. Emailing securely to priory.referral@nhs.net
3. Calling **020 8876 8261**

Practices are also able to make referrals to Priory through their own systems, including EMIS Web and SystemOne. We can support with any queries, including integrating your practice systems.

Referral process overview

1. Choose your preferred referral process – please include the patient's contact details, along with information on circumstances and medical history
2. A unique reference number is generated for each enquiry
3. Our 24/7 support team will co-ordinate the referral with the most appropriate Priory location, who will contact the patient and check appointment availability with the most appropriate Priory specialist

84%

of mental health patients at Roehampton experienced an improvement in their level of anxiety

(with a statistically reliable average change score of 4.8) – GAD7*

81%

of mental health patients at Roehampton experienced an improvement in their level of depression

(with a statistically reliable average change score of 5.1) – PHQ9*



Fees and funding

We are an approved provider for all of the UK's leading private medical insurers, meaning patients may be able to access treatment through their policy. We also provide self-pay options for individuals and families, and corporate arrangements for businesses.

While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. For those using private medical insurance, your provider may require you to have one.

95%

of patients said that they felt staff were caring and supportive, and communicated well with them

Find out more

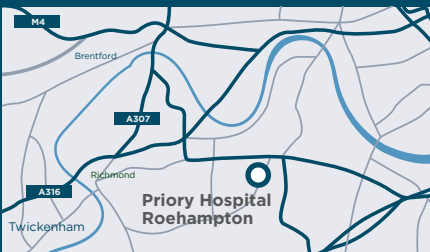
For more information or to discuss how we can help, please contact us by:

Telephone: 020 8876 8261

Email: roehampton@priorygroup.com

Web: www.priorygroup.com/roehampton

Priory Lane, Roehampton, London, SW15 5JJ



Priory Hospital Roehampton is easily accessible from London's major airports and motorway links.

88%

of patients showed improvement in their overall mental wellbeing upon discharge



*Priory 2018 outcome statistics

Please note, most images in this brochure are stock photography and feature posed models



Contact us

Telephone: 020 8876 8261

Email: roehampton@priorygroup.com

Visit: www.priorygroup.com/roehampton

For the most up to date information on our services,
please visit our website.

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